

Claire Darwin

Psychologist: CPsychol, AFBPsS, HCPC, QTS



I am the Principal Educational Psychologist for Schools' Choice Psychology and Therapy Services (schoolschoice.org). I also work as a trainer and person centred facilitator for Inclusive Solutions (inclusive-solutions.com) and as a consultant for Sycol (sycol.com).

I enjoy the challenges and opportunities that I encounter daily in my role. I am also lucky to be able to work with inspiring and motivated colleagues in order to improve outcomes for the children, young people and families that we work with and for.

Here are some examples of my recent involvement:

- working 'on' system development and improvement both as a 'black belt lean consultant' (Sycol) and Principal EP for Schools' Choice;
- working across a range of services and educational settings to help embed person centred, inclusive psychological thinking into everyday practice. For example, working with Schools, Academies, Child & Adult Services, Youth Offending, Adoption & Fostering, Corporate Parenting and Public Health;
- promoting integrated, reflective practice, including the development of resources such as a screening tool (Analysis of Additional Needs Screening Tool) in order to identify a young person's strengths and difficulties as well as planning ways forward;
- supporting people's emotional well-being and raising awareness of issues such as attachment, loss and the effect of trauma on young people;
- working with colleagues in order to embed psychological informed frameworks and develop a high performance culture.

About me

Colleagues tell me that I am enthusiastic, caring, considerate and supportive, with a clear passion for supporting inclusive practice and innovating systems.

I am a very busy person and don't like being late or forgetting to do something. This means that I keep a lot of lists. I keep my electronic diary up to date and I will be where this reminds me to be. You can support me by giving me a gentle nudge if you think I need reminding of something.

I love working with people who share my enthusiasm and vision for developing value based, lean and person centred ways of working.

I am inspired by being able to apply psychology across a range of contexts.

You will often see me carrying large rolls of paper and pens as I am a graphic and process facilitator. Ask me and I will be happy to tell you all about this way of working.

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