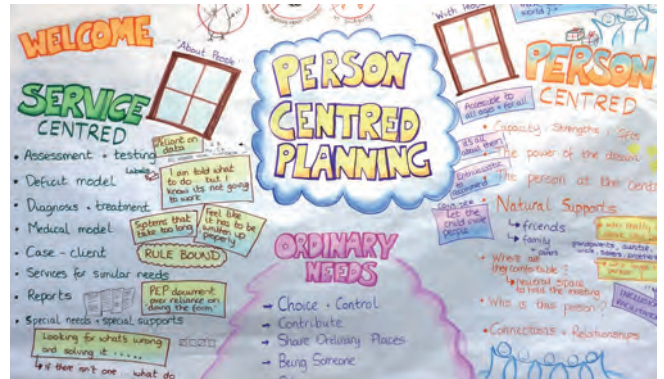


# Person Centred Processes Factsheet

Person centred thinking and planning is founded on the premise that genuine listening involves a commitment to take action. For example, when working with a young person or adult it is crucial that what is learned about how the person wishes to live, and where they wish to go in their lives is recorded and acted upon.



Person centred processes should be planned carefully and involve facilitation from a process and graphic facilitator. In other words, someone to run the process and someone to record it.

The process facilitator asks the questions and guides the group through the activity.

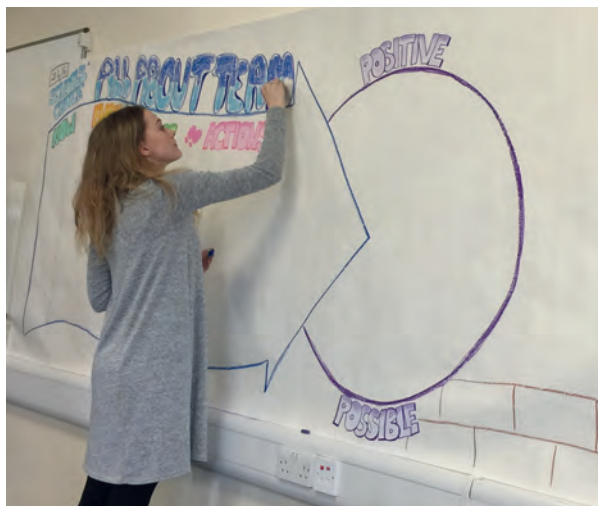
The graphic facilitator is the person who creates a visual record of the process on a large piece of paper placed on a wall in front of the group taking part in the activity.

## Why graphic facilitation?

Visual learning and attention are both activated during this process. Sometimes spoken words may fade and be forgotten whereas the 'big picture' on the wall will serve as a reminder of things that have been said at the throughout the process. This helps people hold those things in their mind from start to finish.

Graphics can show complexity and connections very effectively and colour can be used to reflect a range of emotions.

This way of recording individual's thoughts and feelings is a very effective way of acknowledging everyone's contributions in a meaningful way and they can literally see what each other means.



It also helps people to build on their own and each others ideas. You can come back to things mentioned previously and they do not get lost during the session.

